

THE BEN JONSON

Lunch Menu

Sharing is Caring

- Baked Camembert, roasted vine tomatoes, sourdough (gfa) 13
- Meze sharer- a selection of breads, meats, cheeses & olives (gfa) 7 per person
- Selection of fresh breads (gfa) 5
- Olives 4

Light Lunch

- Grilled Asparagus, poached egg, sourdough, rocket (vga) (gfa) 12.50
- Cream cheese, prosciutto, balsamic glaze, rocket, sourdough (gfa) 11
- Spiced beetroot, leek & walnut salad, chilli & walnut dressing (vg) (gf) 11
- Crushed avocado, king prawns, capers, chilli, rocket, toasted sourdough (vga) (gfa) 12.50
- Homemade Ben Jonson sausage, caramelised onion chutney, sourdough, rocket (gfa) 11.50
- Homemade soup of the day, rustic bread (v) (gfa) 6

Sides

- Halloumi chips (gf) 6
- Mixed leaves, parmesan shavings, balsamic glaze (vga) 5
- Frites & aioli (gfa) 5

The Ben Jonson caters to those with specific dietary requirements. It is our vision to bring people together in community to enjoy nutritious food that caters to everyone rather than individuals feeling singled out for eating a diet that suits their lifestyle needs, values or individual preference.

(gf) non containing gluten ingredients (gfa) gluten free available (v) vegetarian (vg) vegan (vga) vegan available

Please inform your waiter/waitress if you have any specific dietary requirements. Meals can be adapted to suit your needs.

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~ Positive Vibes Only ~