

THE BEN JONSON

Sharing is Caring

Baked Camembert, roasted vine tomatoes, sourdough toast (v) (gfa) 13
Meze sharer- a selection of breads, meats, cheeses & olives (gfa) 7 per person
Selection of fresh breads (gfa) 5
Olives 4

Starters

Spiced beetroot, leek & walnut salad (vg) (gf) 6
Seared Scallops, bacon jam, sautéed leeks, pickled carrot (df) (gf) 11
Goats cheese tartlet, charred broccoli, caramelised onion chutney (v) (gf) 6
Smoked salmon mousse, beetroot, cucumber, sourdough (gfa) 8
Duck liver parfait, onion marmalade, sourdough (gfa) 8
Baked pears, stilton, walnut, honey (v) (gf) 7

Mains

Couscous stuffed baked peppers, tzatziki, charred lemon (vg) 12
Slow braised beef Massaman curry, lemongrass Basmati rice (gf) 15
Stilton, walnut, apple, pickled vegetables, mixed leaves (v) (vga) (gf) 13
Woodland foraged mushroom risotto, truffle oil, pea shoots (vg) (gf) 14
Pan fried Cod loin, roasted new potatoes, samphire, herb infused cream (gf) 16
The Ben Jonson sausage, garlic pommes puree, green beans, caramelized onion jus (gf) 14
Lamb rack, bubble and squeak, Chantenay carrots, red cabbage, jus (df) (gf) 18
Duck, fondant potato, Bok Choy, grilled plum, juniper jus (gf) 19

Desserts

Baileys mousse, set dark chocolate, blackcurrant compote (v) (gf) 7
Apple & cinnamon crumble, clotted cream (vga) (gf) 7
Mango pannacotta, blueberries, chocolate crumb (gf) 7
Selection of ice creams (gf) (vga) 5

Sides

Mixed leaves, parmesan shavings, balsamic glaze (vga) (gf) 5
Garlic green beans (vg) (gf) 5
Halloumi chips (gf) 6
Frites & aioli (gf) 5

The Ben Jonson caters to those with specific dietary requirements. It is our vision to bring people together in community to enjoy nutritious food that caters to everyone rather than individuals feeling singled out for eating a diet that suits their lifestyle needs, values or individual preference.

(gf) non containing gluten ingredients (gfa) gluten free available (v) vegetarian (vg) vegan (vga) vegan available
Please inform your waiter/waitress if you have any specific dietary requirements. Meals can be adapted to suit your needs.

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~ Positive Vibes Only ~